



With Gratitude to the Lee, MA Select Board

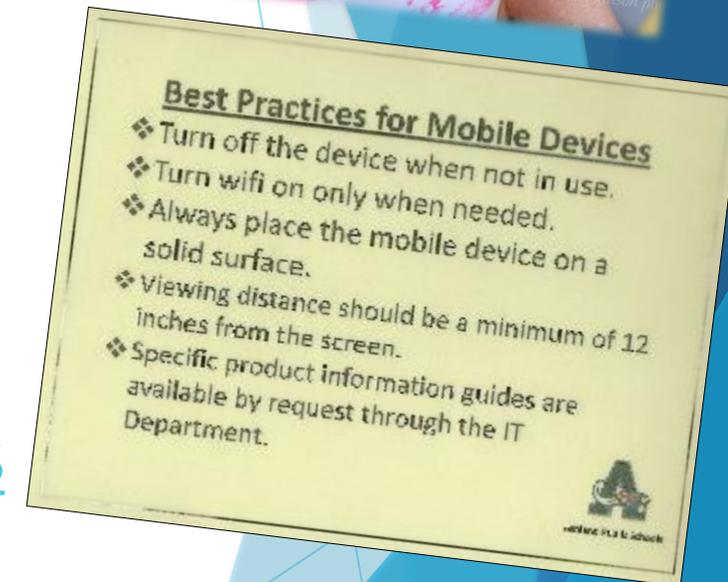
Utility “Smart” Meter Health Risks & EMF Solutions

Cece Doucette, Director, Massachusetts for Safe Technology,
Safer Screentime

March 23, 2026

Cece Doucette, MTPW

- ▶ Helped Ashland, MA become first-in-nation with [Best Practices for Mobile Devices](#), 2014
- ▶ Introduced [legislation](#) in MA & testified in NH
- ▶ Co-founder, [Safer Screentime](#)
- ▶ Co-founder, [Massachusetts for Safe Technology](#)
- ▶ [Co-Chair, Technology Panel, Health in Buildings Roundtable Conference @ NIH](#)
- ▶ Speaker: EMF Medical Conference [2021](#)



The Legal Fine Print

▶ See the Fine Print

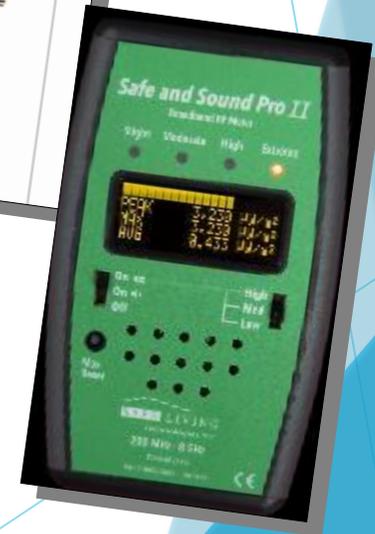
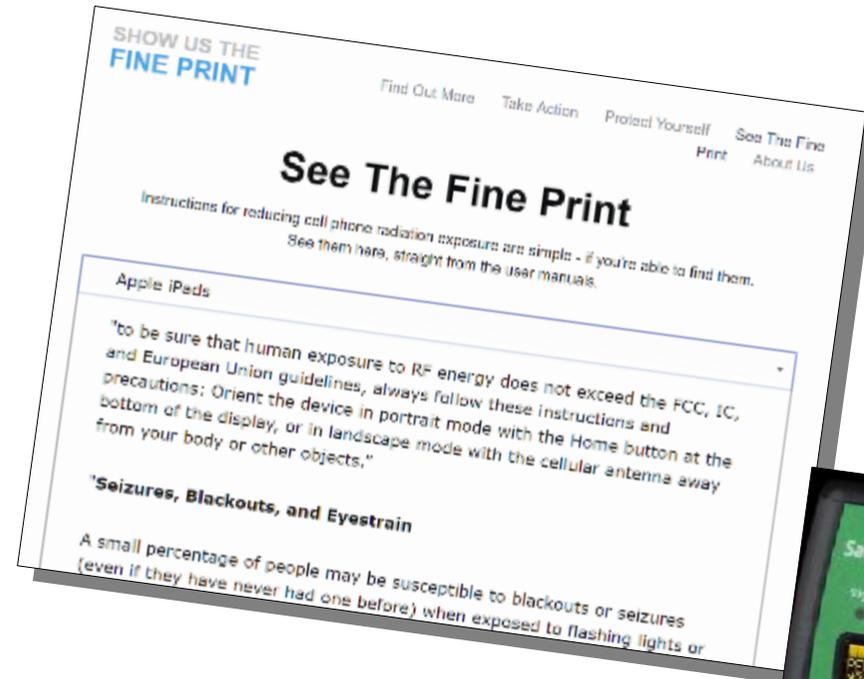
▶ Settings

▶ **G**eneral

▶ **L**egal & Regulatory

▶ **RF** Exposure

▶ Safe & Sound Pro II demonstration



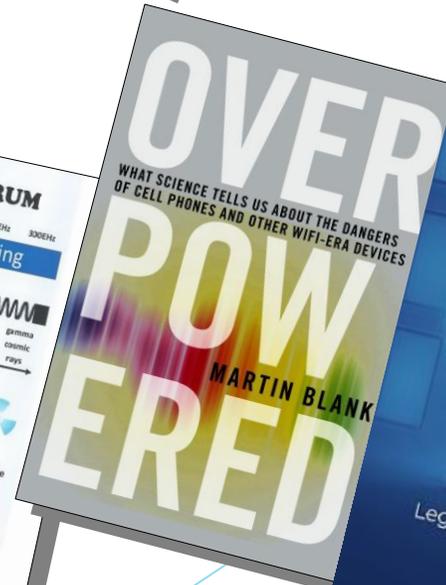
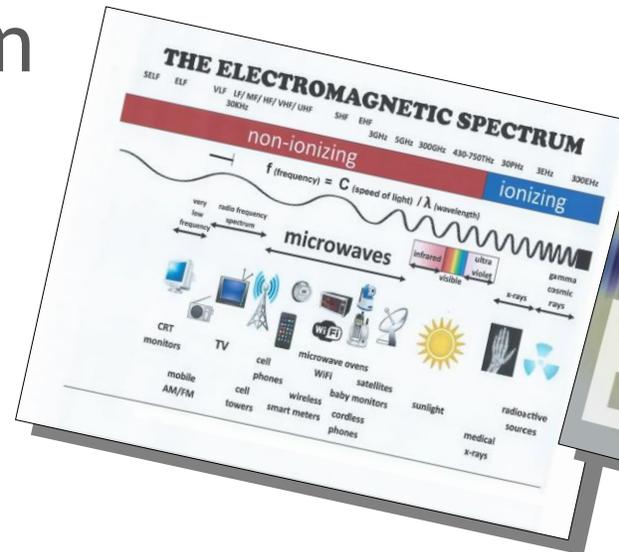
What is Wireless Radiation and Why Should I Care?

▶ Electromagnetic Fields (EMFs)

- ▶ Earth: 7.83 hertz
- ▶ Megahertz: 1 million
- ▶ Gigahertz: 1 billion

▶ Overpowered

▶ Empowered



Science: Long-term Effects

- ▶ Child & Adult Cancers
 - ▶ WHO-funded 2025 study
- ▶ DNA Damage
- ▶ Infertility
- ▶ Neurotoxicity
 - ▶ ADD/ADHD
 - ▶ Autism
 - ▶ Alzheimer's
 - ▶ EWG Fact Sheets
- ▶ Children are especially vulnerable



Science: Short-term Effects

▶ Electromagnetic Radiation Syndrome, EMR-Syndrome (ADA)

- ▶ Insomnia
- ▶ Headaches
- ▶ Nosebleeds/earbleeds
- ▶ Fatigue
- ▶ Pain
- ▶ Skin abnormalities
- ▶ Irregular heartbeats
- ▶ Cognitive impairment
- ▶ Anger, behavior issues
- ▶ Anxiety, depression, suicidal ideation

▶ World EMR-S Day 2025

Are your symptoms caused by your wireless devices?
Common Symptoms of Microwave Sickness/Electro-Sensitivity

Brain
Headaches
Insomnia/Sleep Problems
Dizziness
Difficulty Concentrating
Memory Problems
Brain Fog
Fatigue

Ears
Tinnitus
Humming
Sharp Pain
Noise Sensitivity

Skin
Skin Rash
Itching
Burning
Facial Flushing

Eye
Pressure In/Behind Eyes
Eye Twisting
Deteriorating Vision
Vision Disturbances
Cataract

Heart
Palpitations
Arrhythmia
Chest Pain/Pressure
Difficulty Breathing
Low/High Blood Pressure

Mood
Irritability
Depression

Other
Adrenal Problems
Digestive Problems
Weight Loss/Gain
Tingling
Dehydration
Hair Loss
Flu Like Symptoms

Longterm
Cancer
ADD/ADHD
Autism
Alzheimer's
Oxidative Stress
DNA Damage

Children are more susceptible to biological effects from wireless radio frequency radiation

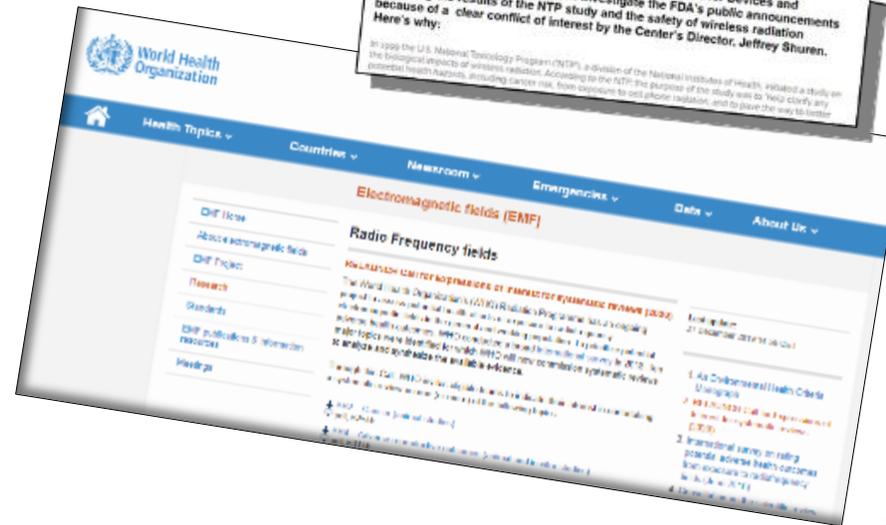
Join us to learn the science and discover how you can have excellent tech connections without the radiation: MA4SafeTech.org

Massachusetts For Safe Technology



Why Don't We Know?

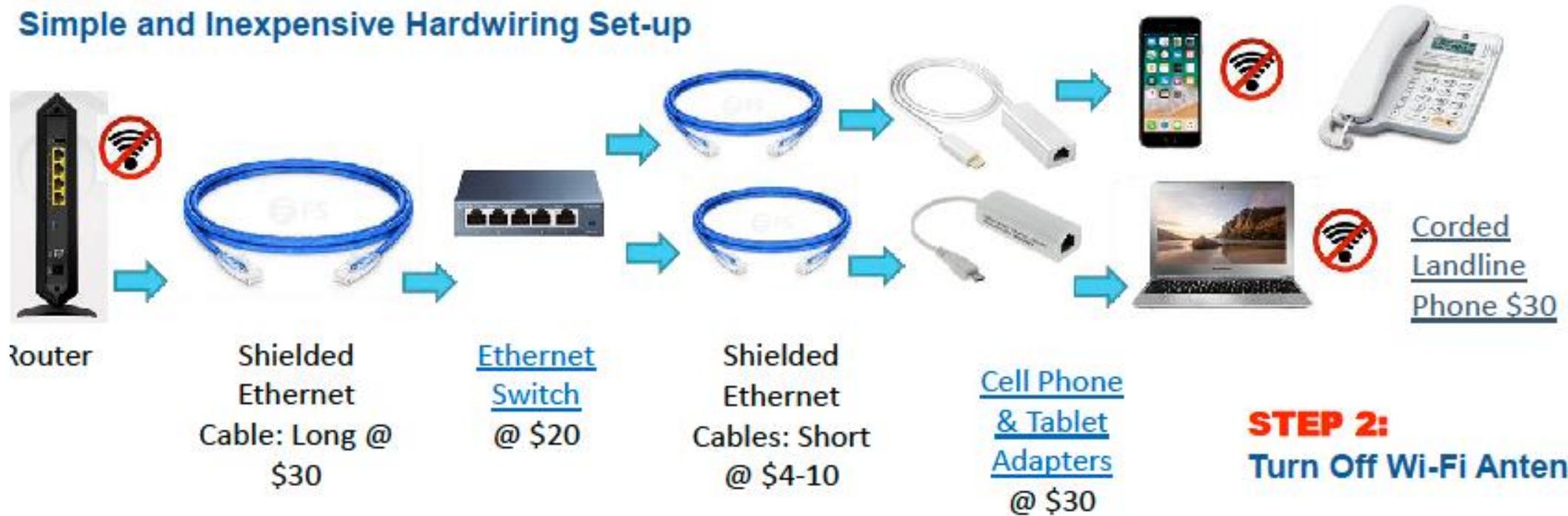
- ▶ FCC: Captured Agency
- ▶ FDA: Conflict of Interest
- ▶ World Health Organization
 - ▶ Reopened investigation
 - ▶ Conflicts of interest



What Personal Safe Technology Looks Like

STEP 1:

Simple and Inexpensive Hardwiring Set-up

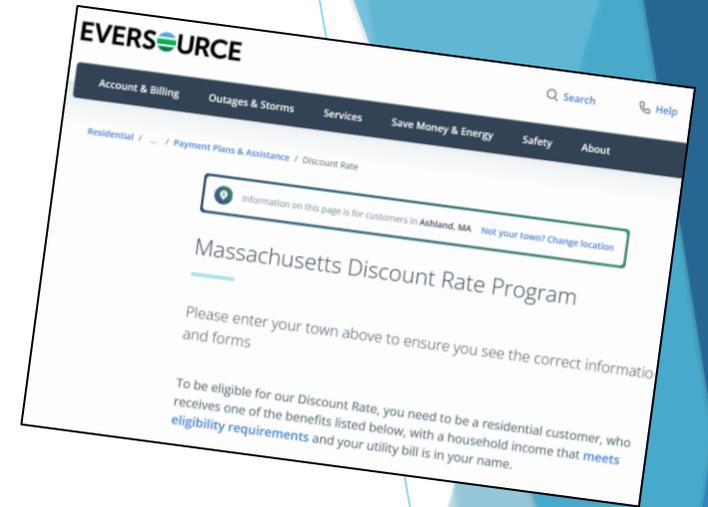


STEP 2:
Turn Off Wi-Fi Antennas

STEP 3: Measure

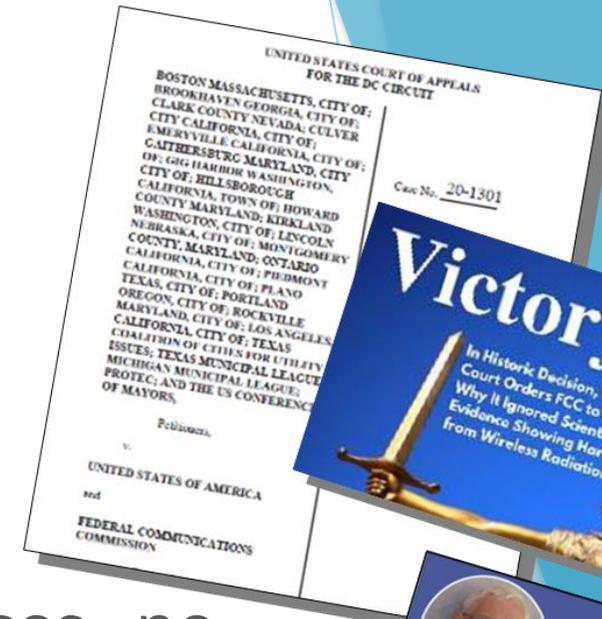
Opt-Out Fees & Feedback

- ▶ Eversource [Opt-Out](#), \$42/\$34 mo.
- ▶ National Grid [Opt-Out](#), \$33/\$26 mo.
- ▶ Low-income discount?
- ▶ CA \$10 opt-out, \$5 low-income, 3 yr. sunset for all
- ▶ Eversource ratepayer feedback:
 - ▶ “...no contact information provided in the letter they mailed out.”
 - ▶ “Installer showed up at my door and I had to tell him that I've opted out, he had our name on his work order... so they're not communicating to the installers!”
 - ▶ “I took a picture of my RF meter reading on a neighbor’s newly installed smart meter - the max was over 2 million!”



Municipal Solutions

- [FCC sued](#) for ignoring the science
- President's [Executive Order](#): MAHA Commission [Strategy](#)
- Solutions: Hard-wire meters to the premises, no radiation
- No cavalry coming
- Speak to legislators, DPU for a true opt-out
- Educate neighbors: [free public education webinar](#) 4/29/26, 6-8 p.m. co-host Ken Gartner, Building Biologist & Engineer



Dr. Beatrice Golomb, MD, PhD

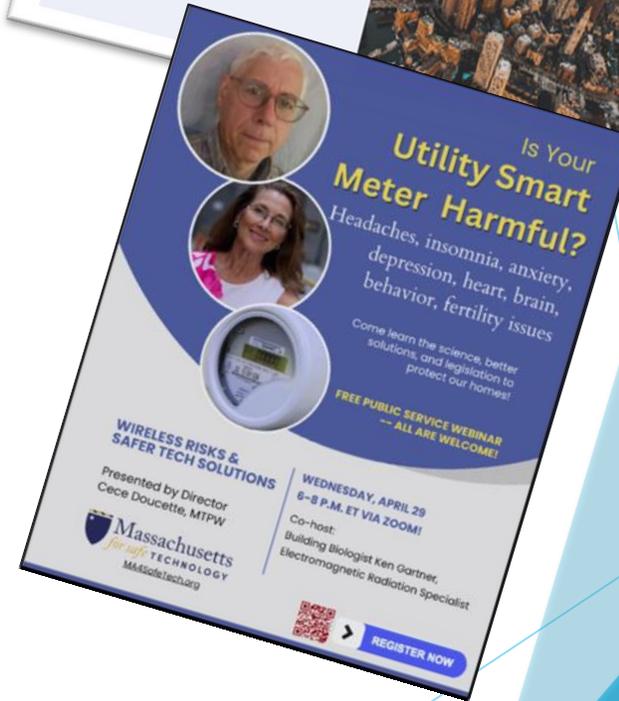
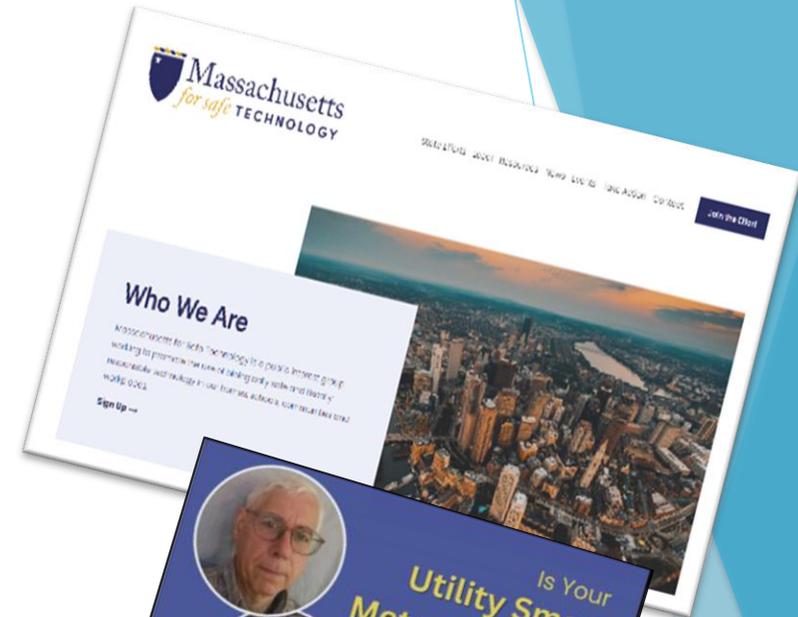
Comment in opposition to MA DPU 20-69:

- According to a survey we conducted, **smart meters were the single most common “trigger”** for people newly developing intolerance to nonionizing radiation
- Lamech F. Self-reporting of symptom development from exposure to radiofrequency fields of wireless smart meters in Victoria, Australia: A case series. Altern Ther Health Med 2014;20:28-39



Thank You!

- ▶ [Massachusetts for Safe Technology](#)
- ▶ [Free Monthly Webinars](#)
- ▶ [Monthly Update Meeting, 3rd Wed., Noon ET](#)
- ▶ MA4SafeTech@gmail.com



Questions?

